



Sushi Es Castell restaurante

C/ de Sa Font, 1 · Es Castell · Menorca · Tel. Reservas: **871 902 779**
Open every day from 12 h at 16 h and from 19 h at 24 h

Nigiri (2 pieces)

1. Salmon	4.45
2. Seared Salmon (Castell sauce).....	4.75
3. Tuna	5.15
4. Flamed Butterfish	4.75
5. Prawn	4.25
6. Eel	4.95
7. Tobiko . Flying fish roe.....	4.95

Maki (8 pieces)

11. Salmon	5.95
12. Tuna	6.95
13. Avocado and cucumber	5.25
14. Salmon and cream cheese	6.55
15. Salmon and avocado	6.55
16. Butterfish	5.45
17. Crab stick and avocado	5.45

Sashimi (9 pieces)

21. Salmon	13.95
22. Tuna	16.95
23. Butterfish	12.95
24. Mixed (3 Tuna, 3 Salmon, 3 Butterfish).....	14.95

Tartare

25. Salmon (Avocado, mango, salmon, kimochi sauce, tobiko).....	13.95
26. Tuna (Avocado, mango, tuna, kimochi sauce, black tobiko).....	15.95

Tataki (9 pieces)

27. Salmon (Crispy onion, avocado, ponzu sauce, sesame)	14.95
28. Tuna (Crispy onion, avocado, ponzu sauce, sesame).....	17.95

Temaki (1 piece)

31. Salmon (Salmon, avocado, lettuce, mayonnaise, tobiko)	5.45
32. Tuna (Tuna, avocado, lettuce, mayonnaise, tobiko).....	5.95
33. Butterfish	5.45
(Butterfish, avocado, lettuce, mayonnaise, black tobiko)	
34. Eel (Eel, avocado, lettuce, eel sauce, sesame).....	5.95
35. Tempura prawn	5.95
(Tempura prawn, avocado, lettuce, teriyaki sauce, sesame)	

Maki crispy (8 pieces)

41. Salmon (Teriyaki sauce, sesame)	7.45
42. Tuna (Teriyaki sauce, sesame).....	7.95
43. Butterfish (Teriyaki sauce, sesame)	7.45
44. Crab stick (Teriyaki sauce, sesame).....	7.45
45. Duck (Teriyaki sauce, sesame)	7.95

Futomaki (8 pieces)

46. Vegetable tempura roll	12.95
(Carrot, zucchini, red bell pepper, green bell pepper, onion, teriyaki sauce, sesame)	
47. Castell	12.95
(Tuna, salmon, butterfish, crab stick, cucumber, avocado, wakame, prawn)	

Maki roll (8 pieces)

51. California sesame	8.95
(Crab stick, avocado, mayonnaise, wrapped in sesame)	
52. Philadelphia Tuna cheese	11.95
(Tuna, avocado, cheese, wrapped in sesame)	
53. Philadelphia Salmon cheese	10.95
(Salmon, avocado, cheese, wrapped in sesame)	
54. Uramaki salmon	11.95
(Salmon, avocado, cheese, wrapped in salmon)	
54 A. Tuna Uramaki	13.95
(Tuna, avocado, cheese, wrapped in tuna)	
55. Spicy salmon	12.95
(Salmon, crispy onion, spicy, wakame, tobiko)	
56. Spicy tuna	13.95
(Tuna, crispy onion, spicy, wakame, tobiko)	
57. Crunch roll	9.95
(Crab stick, avocado, mayonnaise, with crispy onion and teriyaki sauce)	
58. Dragon	11.95
(Shrimp tempura, crab stick, wrapped in avocado, teriyaki sauce and sesame)	
59. Rainbow	12.95
(Crab stick, avocado, mayonnaise, wrapped in salmon, tuna, butterfish, avocado, teriyaki sauce and sesame)	
60. Uramaki eel	13.95
(Eel, avocado, cheese, wrapped in eel, eel sause, sesame)	
61. Soft Shell crab tempura	13.95
(Soft Shell crab, lettuce, wrapped in sesame, mayonnaise and spicy)	
62. Crispy chicken	9.95
(Crispy chicken, cucumber, wrapped in sesame and teriyaki sauce)	
62 A. Chicken with cheese	11.95
(Crispy chicken, wrapped with flamed cheese, tobiko and teriyaki sauce)	
63. Flamed butterfish	11.95
(Butterfish, crispy onion, wrapped in flamed butterfish, castell sauce and sesame)	
64. Banana tempura roll	11.95
(Banana, Nutella, cashew and teriyaki sauce)	
65. Salmon tempura roll	11.95
(Salmon, avocado, cheese, teriyaki sauce and sesame)	
66. Tuna tempura roll	13.95
(Tuna, avocado, cheese, teriyaki sauce and sesame)	
67. Flamed salmon roll	13.95
(Salmon, avocado, cheese, wrapped in flamed salmon, castell sauce and sesame)	
68. Mango vegetable roll	10.95
(Mango, avocado, cheese, wrapped in avocado, mango sauce and mayonnaise)	
69. Castell roll	13.95
(Prawn tempura, avocado, cheese, wrapped in seared beef and teriyaki sauce)	

Sets

71. Set 1 (8 pieces).....	14.95
(2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri)	
72. Set 2 (16 pieces).....	11.95
(4 salmon maki, 4 tuna maki, 4 cucumber maki, 4 avocado maki)	
73. Set 3 (16 pieces).....	13.95
(4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki)	
74. Set 4 (20 pieces).....	21.95
(4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki, 1 tuna nigiri, 1 salmon nigiri, 1 butterfish nigiri, 1 prawn nigiri)	
75. Set 5 (16 pieces).....	20.95
(4 salmon nigiri, 4 salmon sashimi, 4 avocado uramaki, 4 salmon uramaki)	
76. Set 6 (16 pieces).....	23.95
(4 tuna nigiri, 4 tuna sashimi, 4 avocado uramaki, 4 tuna uramaki)	
77. Set 7 (33 pieces).....	39.95
(4 tuna maki, 4 salmon maki, 3 tuna sashimi, 3 salmon sashimi, 3 butterfish sashimi, 2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri, 4 salmon uramaki, 4 tuna uramaki)	

Salads

100. Wakame	5.95
(Shrimp, tobiko, lettuce)	
101. Castell	11.95
(Lettuce, crab, avocado, shrimp, salmon, tomato, corn, spicy mayonnaise)	

Starters

102. Edamame	4.55
103. Vegetable roll (4)	3.35
104. Samosa curry (4).....	3.35
105. Har Gow (4)	6.45
(Steamed dumplings stuffed with shrimp and bamboo)	
106. Shu Mai (4)	6.45
(Steamed with meat and mushroom stuffing)	
107. Xiao Long bao (4).....	6.45
(Steamed dumplings with pork and chinese cabbage)	
108. Chicken Gyoza (4).....	5.95
(Pan fried chicken and veggie dumplings)	
109. Shrimp gyoza (4)	6.45
(Pan fried shrimp and veggie dumplings)	
110. Chicken brochette (4)	9.95
(Satay sauce)	
111. Shrimp brochette (4)	13.95
(Sate sauce)	
112. Assorted tempura (10)	12.95
(Green bell pepper, red bell pepper, carrot, zucchini, shrimp)	

Soup

113. Miso	4.95
(Wakame, tofu and chive)	
114. Wonton (4).....	5.45
(Pork, chive and ginger stuffing)	
115. Thailand	5.45
(Shrimp or chicken) (Cherry tomato, basil, lemongrass, blue ginger)	
116. Chicken with corn	5.45
117. Tom yum gong	5.45
(Shrimp, lemongrass, blue ginger, tom yum sauce)	
118. Hot and sour	5.45

Rice

120. Egg fried rice	4.95
121. Black rice	8.45
(Shrimp, crab stick, carrot, chive, egg and soy sauce)	
122. Castell	8.45
(Chicken, beef, shrimp, carrot, edamame, corn and egg)	
123. White rice	2.50
124. Sushi rice	3.45

Noodles

130. Yakisoba	8.95
(Chicken, beef, shrimp and vegetable)	
131. Yaki udon	8.95
(Shrimp, vegetable and otafuku sauce)	
132. Pad Thai	8.95
(Rice noodles, egg, shrimp, vegetable, peanut, lime, mint, tamarind sauce and spicy sauce)	
133. Singapore	8.95
(Rice noodle, chicken, beef, shrimp, yellow curry and spicy sauce)	
135. With Vegetable	6.95

Chicken

138. Lemon chicken	9.45
139. Peanut chicken	9.45
140. Vegetable	9.45
141. Bittersweet	9.45
142. Red curry	9.95
(Hot red curry, coconut milk and vegetable)	
143. Katse	9.45
(Crispy chicken fillets)	

Beef

144. Oyster sauce	10.45
145. Black bean	10.45
146. Leek ang ginger grilled	10.45
147. Caramelized	10.45
(Crispy fillets, sweet and sour mild chilli)	
148. Green curry	10.95
(Hot green curry, coconut milk and vegetable)	

Shrimps

150. Garlic	13.95
151. Spicy	13.95
(Vegetable)	
152. Oyster sauce	13.95
(Vegetable)	
153. Red curry	13.95
(Hot red curry, coconut milk and vegetable)	

Duck

155. Peking duck	17.95
(Cucumber, leek, hoisin sauce, 6 pancakes)	
156. À l'orange	16.95
157. Cantones grilled	17.95

Ribs

160. Bittersweet	9.45
161. Salt and pepper (6).....	9.45
162. Roasted (6)	9.45

Chicken wings

165. Roasted (6)	9.45
166. Salt and pepper (6).....	9.45

Midday menu

From monday to friday except holidays

A: (choose)
Wakame
Vegetable roll (3)
Edamame
Samosa curry (3)
Miso

B: (choose)
Vegetable noodles
Egg fried rice
White rice
Chicken gyoza (4)

Choose: A+B+C

C1: (choose)
Chicken with vegetable
Sweet and sour chicken
Beef with oyster sauce
Yellow curry with beef
13.95€

C2: (choose)
Spicy shrimp
Shrimp with vegetable
Fried duck
14.95€

C3 (11 pieces)
4 Salmon maki
4 Maki roll salmon cheese
3 Salmon nigiri
14.95€

C4 (10 pieces)
4 Salmon uramaki
3 Salmon sashimi
3 Salmon nigiri
15.95€

(Included glass of house wine or water or soft drink or beer and dessert or coffee or infusions)

! If you have any allergies, check with the staff.



ALL PRICES ARE VAT INCLUDED